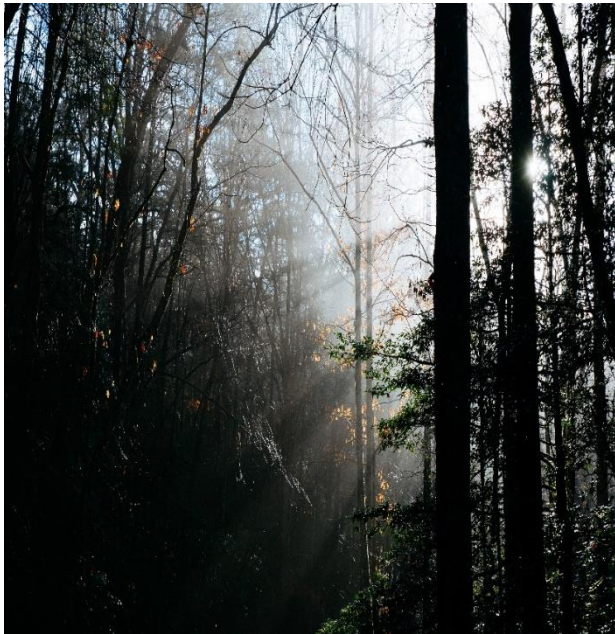


THE HOPE CENTER
RECOVERY LEARNING CENTER
WELCOMES YOU!

TUESDAY, WEDNESDAY, AND THURSDAY
10:00 a.m. – 3:00 p.m.

Staffed by peers dedicated to recovery for all, the



Hope Center offers various groups including:

Creative writing, Music Appreciation, Stretching, Deep breathing and relaxation, NAMI Connections and Recovery is real.

North Suffolk Mental Health Association and the
Metro Boston Recovery Learning Community
For more information, please call (617) 626-8692
or contact Ben Coffin at bcoffin@northsuffolk.org