

The Peer Support Line

... is a friendly phone line staffed entirely by people with lived experience of mental health and/or addictions histories.

Support Line Operators are compassionate, empathetic listeners. They offer support and validation. They empower callers to find solutions to their own problems and concerns.

The Peer Support Line accepts calls from peers who are perhaps lonely, depressed, and/or isolated, and want to connect with another peer.

The focus of the discussions are recovery-based, and the Operators are motivated to assist callers with information on and referral to local, state and national programs and services that may be useful to them in their day-to-day lives.

The Peer Support Line is open for calls daily from 4 PM–8 PM.

We have Operators who speak Spanish and English on Wednesdays and Sundays! Call us toll-free at:

1-(877) 733-7563

or 1-(877) PEER-LNE (no "I") or

(617) 414-8341

www.MetroBostonRLC.org/warm-line.html



THE MBRLC IS GROWING!

**Our Recovery Centers offer
services seven days a week and in
the evenings!**



Main business office of the MBRLC is
located at:

85 East Newton Street, Ground Floor
Boston, MA 02118

Phone (617) 305-9900

Fax (617) 305-9992

www.MetroBostonRLC.org

info@MetroBostonRLC.org

Major Funding from the Department of Mental
Health

The MBRLC is a peer run
program of the Boston
Medical Center.



EXCEPTIONAL CARE. WITHOUT EXCEPTION.



Education

Employment Readiness

Advocacy

Peer Support

Friendships

Dignity

Respect

Connection

Hope



. Metro Boston Recovery Learning Community

The MBRLC is an organization that is entirely run by peers dedicated to providing support, education and advocacy to peers and their loved ones. We offer healing communities for individuals to find their own path toward mental health and addictions recovery.

Working Together as a Community

What Else Should I Know?

What is your goal in life? Allow us to help you obtain it! We have groups that will help you grow, and we have social groups to provide connections to others and a safe environment to learn. Our community members and our peer staff are interested in meeting you, sharing thoughts on recovery, and talking about lived experience. We value the lived experience of having a mental health and/or addictions history—it is a plus, not a minus in our world.

Our model is that of equality. Join our community as a member, become a volunteer, a group leader or project coordinator. We have many opportunities for you, and you decide when or even if you want to participate.

Come for an hour, stay for the day.

OUR PARTNERS

Boston Resource Center (BRC) 85 East Newton Street, Ground Floor Boston, MA 02118

The BRC offers peer support, education and activity groups on Mondays, Wednesdays and Thursdays. For more information:
Yuka.Gordon@bmc.org
(617) 305-9975, (617) 875-4997

Hope Center 25 Staniford Street, Plaza Level Boston, MA 02114

The Hope Center offers peer support, education and activity groups on Tuesdays, Wednesdays and Thursdays. For more information: Zohreh King (617) 626-8692
zking@northsuffolk.org

Peer Support Network (PSN) 45 Mt. Auburn Street Cambridge, MA 02138

PSN is a MBRLC partner recovery center dedicated to improving the lives of people living with mental health challenges. PSN is open Monday, Wednesday, and Friday. For more information: Karen Kugel, (617) 788-1034, psncambridge@gmail.com

Cambridge/Somerville Recovery Learning Center (CSRLC), 35 Medford Street, Suite 201 Somerville, MA 02143

The CSRLC has a mission of education that offers a diverse array of group topics, including life and interpersonal skills, peer support and recovery, with individual support around computer skills. The CSRLC is open Monday through Friday. For more information: Janel Tan (617) 863-5388, tanj@vinfen.org

Peer Education Resource Center (PERC) 1500 Dorchester Ave Dorchester MA 02122

We offer employment, wellness and recovery peer support. For more information, Karen Kugel (617) 788-1034
infoaboutperc@yahoo.com

NAMI Greater Boston Consumer Advocacy Network (NAMI GB PSAN) 25 Staniford Street Boston, MA 02114

Provides outreach, advocacy, referral and social activities. For more information: Howard Trachtman (781) 642-0368, hdt@nami.org